ASTEP Arts Olympics Project Description: By hosting a dynamic fun day with Artists Striving to End Poverty (ASTEP), corporate employees will help in creating a safe space that gives children the opportunity to develop their social emotional skills while making memories. The day will be structured around skill building activities and games that enhance the children’s confidence, collaboration skills, critical thinking, problem solving and creativity. By integrating these 21st century skills into Emotion ball, water balloon tosses, tie dying, jewelry making, sports and more, this event will truly give students a rich and fulfilling summertime fun.

Timeframe:
● 9:30AM - 3:00PM (this can be adjusted based on the corporate partner’s needs)

Participants:
● Approx. 20-30 children ages 4 - 13 years old

Volunteers:
● Minimum 5, maximum 15 volunteers
● We encourage volunteers to wear loose, comfortable clothing that they won’t mind getting messy with paint or glue.
● Please bring a refillable water bottle to cut down on waste.
● Subway sandwiches will be served for lunch so anyone with a dietary restriction should pack a lunch.
● We ask volunteers to wear minimal jewelry to prevent any damage during activities but also to be mindful that we are serving in a facility where people are struggling financially.

Expenses:
● ASTEP requests that corporate supporters cover the cost of supplies, lunch and a stipend for the Program Facilitator - $5,000
SAMPLE AGENDA

*Please note activities may be adjusted.* All ‘point values’ are for fun only, as the final awards are based on collaboration, creativity, and teamwork. The goal for the day is for all parties to have fun and practice positive peer communication, creativity, collaboration, and problem solving.

9:30am ASTEP Staff onsite to prepare

9:45-10:00: Corporate Team arrives

10:00-10:30: Orientation for Corporate Team

10:30-10:55: Opening Ceremonies (Highlights Creativity, Imagination, Collaboration, Confidence)

- During the opening ceremonies, students will be split into three teams. They will then have 15 minutes to create their team name (country name), a team chant, a team dance move, and to decorate their team flag. Use washable paint on paper plates to do thumbprints + fabric markers and stencils.
- Each team will then share their team name, chant, and dance move with the group.

10:55-11:00: The procession to the playground!

- During the time that teams are sharing their chants and dance moves, a few volunteers will head to the playground to set up the stations for the rest of the games. The procession to the playground will be complete with each team’s flag raised high!

11:00-11:30: Station 1

- (Team A goes to tote bags, Team B goes to water balloon volleyball)
- Tote bag decorating: Begin by giving each student paper to sketch their idea, and when the idea is sketched they will be given a tote bag. (Highlights Collaboration, Creativity, Critical Thinking, Imagination)
- Water Balloon Circle Toss, Partner Toss, and Volleyball: Students will split into two groups and play underhand toss volleyball using water balloons. All students must take a turn throwing, and one point is awarded for each balloon caught without it popping. If for any reason the group is not big enough for this, we can play water balloon pass, where we stand in a circle and take a step back each time the balloon gets around the circle. Points are awarded for each step backwards. The popped balloons must be cleaned up by the team, and points are awarded based on the clean up speed ranks. (Highlights: Collaboration, Teamwork)

11:30-12:00: Station 2

- (Team C goes to shirt decorating, Team A goes to Social Emotion Basketball, Team B goes to water balloon volleyball)

12:00-12:30: Team Challenges

- Students will play human knot, hula hoop pass (holding hands they have to get the hula hoop all the way from one end of the line to the other), and tower building with clothespins and popsicle sticks. Other activities at this station may include ensemble counting and telephone races. (Highlights: Creative Problem Solving, Critical Thinking, Collaboration and Teamwork)

12:15 Lunch Delivery

- Lunch will be provided for all volunteers and students.
12:15-12:40: Lunch!

12:50-1:20: Station 1

- Students transition back inside and each group has the chance to work at each of the following stations for 30 minutes (Team A starts with sketch book decorating, Team B with self portraits, and Team C with face painting):
  - Sketch Book Decorating: Decorate the cover of a blank sketchbook (for them to keep!)
    Highlights Imagination, Creativity, and Critical Thinking
  - Self Portraits: With help from the ASTEP Artist, students will identify what makes them special, then draw a picture in their sketchbooks that incorporates those things. It could be a self portrait, a graffiti style depiction of their names, or just an image that they think represents them.
    (Highlights Foundation, Self Confidence, and Imagination)
  - Face painting: Students will have their face or hand painted.
    (Highlights Creativity and Imagination)

[Other options can include: Shirt decorating station: Students will work with volunteers to decorate their own t-shirts using puff paints and fabric markers; Keychain making, or Stained glass ornaments: Students will be given construction paper cutouts of four leaf clovers. Using contact paper and small squares of multi-color tissue paper, they will create a stained “glass” window decoration. String can be attached to the top to hang it in a window or from a wall.]

1:20-1:50: Station 2

- (Team C goes to sketch book decorating, Team A goes to self portrait making, Team B goes to face painting)

1:50-2:15: Station 3

- (Team B goes to sketch book decorating, Team C goes to self portrait making, Team A goes to face painting)

2:15-2:30: Closing Ceremonies and Winner announcements

- Each team will receive a superlative award for their participation. Award examples include “Most Creative”, “Best Collaboration”, and “Most Supportive”.

2:30-3:00: Clean-up, ASTEP/Corporate Team reflection and wrap-up

ABOUT ASTEP: ASTEP was conceived by Broadway musical director Mary-Mitchell Campbell and Juilliard students to transform the lives of youth using the most powerful tool they had — their art. ASTEP partners with schools and community organizations in the U.S. and around the world to deliver after-school and summer programming that celebrates young people's strengths and builds up their unique areas for growth. ASTEP Volunteer Teaching Artists use the arts as a vehicle to teach youth the social emotional skills they need to be the best versions of themselves. Our programs currently serve the following populations: youth affected by immigration status, homelessness, gun-violence, incarceration, the justice system, HIV/AIDS, systemic poverty, and the caste system. To learn more, please visit us at ASTEP.ORG